

FRONTLINE RESILIENCE PROGRAM



This program is designed specifically to service former and current first responders who need support to cope with work and life stressors.

FULL RANGE OF SERVICES

Assessment for appropriate level of care

Individual Therapy

Group therapy

EMDR Trauma Treatment

Medication Management

WE SERVE THOSE WHO HAVE SERVED US

Active-Duty Members of the US Military

Reservists and Members of the National Guard

Military Veterans

Police Officers

Firefighters

Emergency Medical Technicians (EMTs)

Other First Responders



RIVER'S
BEND PC

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FIRST RESPONDERS/MILITARY INTENSIVE OUTPATIENT PROGRAM

- Compassionate, licensed professionals who are well versed in working with first responders either within their own families or through personal life experience
- An opportunity to process mental health concerns, such as, work life balance, trauma, PTSD, anxiety and depression, substance use disorder
- Program enables patients to continue their normal day-to-day lives while receiving intensive treatment
- Evidenced Based Programming
- 6-8 Weeks (dependent on medical necessity), 3 hours per group, 3 times a week- total commitment of 9 hours per week
- Hybrid program (in-person and virtual)



FIRST RESPONDERS

MILITARY • POLICE • FIRE • EMERGENCY MEDICAL

WE THANK YOU



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